

**CAPT. TERESA ALLEN**  
**COMMANDER, NAVAL HOSPITAL JACKSONVILLE**  
**AND**  
**COMMANDING OFFICER,**  
**NAVY MEDICINE READINESS & TRAINING COMMAND JACKSONVILLE**



A native of Eighty Four, Pa., Capt. Teresa Allen received her Bachelor of Science from Bethany College and her doctor of medicine from Midwestern University Chicago College of Osteopathic Medicine.

Board certified in family medicine, Allen completed an internship in osteopathic medicine at Franciscan Health Olympia Fields in Illinois, a family medicine residency at Naval Hospital Jacksonville, and an obstetric fellowship at University of Rochester Medical Center (where she was also appointed as faculty). She later completed a faculty development fellowship at University of North Carolina School of Medicine.

At Naval Hospital Great Lakes, she supported Hospital Corps School as a general medical officer. At Naval Medical Center Camp Lejeune, she served as Family Medicine teaching faculty and the medical director of Maternal Child Infant Nursing.

Allen has served as: Force and Family Medicine department head and senior medical officer for branch clinics at Naval Medical Center Portsmouth, Va.; officer in charge of Naval Branch Health Clinic Portsmouth, N.H.; and the inaugural chief medical officer of Naval Health Clinic New England.

As staff physician to Fleet Surgical Team 7, Okinawa, Japan, she deployed in support of Operation Iraqi Freedom and Operation Enduring Freedom (OIF/OEF) aboard the USS Essex (LHD-2). In response to the 2004 Indian Ocean tsunami, she participated in Operation Unified Assistance. As part of Expeditionary Medical Facility Kuwait, she deployed as senior medical officer of Camp Beuhring, in support of OIF/OEF.

Allen was appointed as executive officer of Naval Hospital Camp Pendleton in 2018.

In July 2020, Allen assumed the role of commander of Naval Hospital Jacksonville (and its five branch health clinics) and commanding officer of Navy Medicine Readiness & Training Command Jacksonville (and its five units).

Personal awards and decorations include the Meritorious Service Medal (three awards), Navy and Marine Corps Commendation Medal (three awards), and Navy and Marine Corps Achievement Medal (two awards).

